

SEX ♀ 50

Long Synopsis

There's a gag book titled "SEX After 50." Its pages are blank. Unfortunately, that little book was an all too accurate description of my own erotic life by the time I turned fifty, despite—or perhaps because—I was in a long-term marriage. Then, after 28 years of monogamy, my life turned upside down. I fell in love with a younger man and discovered that my erotic life was definitely NOT over!

My transparent sharing of my own sexual reawakening with other mature women is inspiring them to speak candidly in our film. The floodgates have opened on a fascinating untapped subject—the sex lives of older women.

"SEX+50" features interviews with four decades of mature women from all over the world. These women openly share their life-long erotic journeys and current erotic lives and sexual misadventures. The stories are as diverse as the women themselves and the cultures they represent.

What did the sexual freedom of Woodstock and the Summer of Love really feel like for the women who lived it? How did what they experienced in that era affect their view of themselves sexually as they aged? How does female genital mutilation at birth affect the erotic journey of a woman from Equatorial Africa who has lived with this all of her life? What is the perspective of a matriarch from an Indian tribal culture that until recently practiced polyandry, in which married women freely had "well-wishers" from the opposite clan as lovers? What does it feel like for a widow to find herself with a new lover in her 70's? How sensitive are gynecologists to the sexual issues of older women? What are the fantasies of women who have lived fully erotic lives in their younger years and now find themselves outside of society's view of #fuckable? Why is there a quickly growing market for retreats that teach mature women how to engage in their own sexual pleasure? What would a culture that fully embraces the erotic nature of mature women actually look like?

These questions are evocatively addressed by the women we have already interviewed in the past months and our quest has just begun. We are traveling the world, sitting down with older women to ask revealing intimate questions. Their willingness to answer leads us on the trail of a fascinating untapped story of mature female sexuality.

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With the popularity of television shows like “Grace and Frankie,” the rise in “age-positive” marketing, and women over 50 being one of the fastest growing demographics, the time is ripe to intimately explore sex and the older woman in a documentary series and film.

Before my lover entered my married life, I no longer saw myself as an erotic woman. Now, I know there is a fire that burns deep within mature women, that often, we do not even recognize ourselves. Does the rekindling of this flame hold the potential to incinerate patriarchy? In collaboration with the women of "SEX+50" those blank pages in that little book “Sex after 50” will be turned into a revealing and emotionally engaging diary!